

FLORIDA WIC

Good Nutrition for
Women, Infants and Children

- Do you have an infant or child under 5?
- Are you pregnant or breastfeeding?
- Do you have a moderate income?

WIC offers families:

- Personalized nutrition consultations
- Tips for eating well to improve health
- Free healthy food
- Referrals for healthcare
- Breastfeeding support

Check these guidelines to see if
WIC might be right for your family:

Effective May 5, 2014

Household Size	Weekly	Monthly	Annually
1	\$416	\$1,800	\$21,590
2	\$560	\$2,426	\$29,101
3	\$705	\$3,051	\$36,612
4	\$849	\$3,677	\$44,123
5	\$993	\$4,303	\$51,634
6	\$1,138	\$4,929	\$59,145
7	\$1,282	\$5,555	\$66,656
8	\$1,427	\$6,181	\$74,167
Additional Person	+\$145	+\$626	+\$7,511



USDA is an equal opportunity provider and employer.

To apply call (904) 253-1500



Call WIC Today!

Emerald Tiger Nutrition Center

3225 University Blvd., S., Jacksonville, FL 32216
Monday, Thursday & Friday 7:15 AM to 4:45 PM
Tuesday, 7:15 AM to 6:45 PM
Wednesday, 7:15 AM to 12 Noon
Saturday 8:00 AM to 4:00 PM

Pearl Nutrition Services

5322-24 N. Pearl St., Jacksonville, FL 32208
Monday, Tuesday, Thursday & Friday 8:00 AM to 4:45 PM
1st and 3rd Wednesday, 8:00 AM to 11:45 AM
2nd and 4th Wednesday, 8:00 AM to 4:45 PM

Wesconnett Nutrition Services

5150-9 Timuquana Rd., Jacksonville, FL 32210
Monday, Thursday & Friday 7:00 AM to 4:45 PM
Tuesday, 7:15 AM to 6:45 PM
Wednesday, 7:00 AM to 12 Noon

West Jacksonville Nutrition Services

120 King St., Jacksonville, FL 32204
Limited Hours



WIC provides healthy foods that are good for pregnant woman, infants, and children under five years old, plus helpful nutrition information – all at

NO COST!

For more details, call **904-253-1500** to find out if you qualify.



"WIC is an equal opportunity provider"

